

The Optimal Set

The Optimal Set combines two premium nutritional supplements—Powercocktail (PC) and Restorate (R)—designed to work in synergy to support optimal absorption of essential vitamins and minerals.

Powercocktail provides vitamins, selenium, plant phytonutrients, probiotics, prebiotics, and natural guarana-derived caffeine to support energy and digestive health. It is mixed with water and taken in the morning.

Restorate delivers key minerals and vitamin D to promote recovery, relaxation, detoxification, and restful sleep. It is activated by mixing with water and is ideally taken about one hour before bedtime.

Together, these products complement one another while being taken at different times of the day. Their proprietary Nutrient Transport Concept (NTC) is designed to maximize nutrient delivery and absorption. The formulas are water-soluble, quality-tested, and intended to complement a healthy, balanced diet.